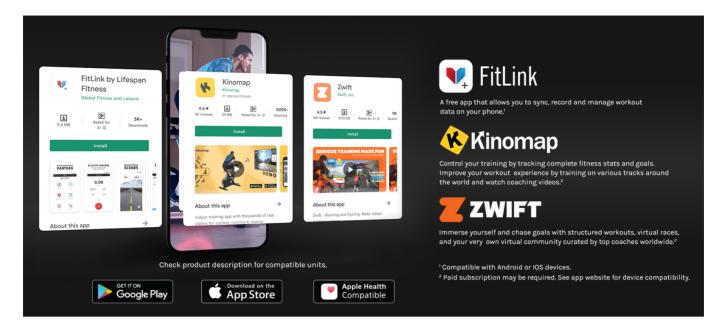






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# **PURSUIT TREADMILL**

#### LFTM-PURSUIT3

- · 2.25 CHP EverDrive® H3X Brushless Motor
- · DuraGrip® AS Running Belt 1200mm x 450mm (L x W)
- · ShockControl™ Cushioning System



3 LEVELS MANUAL INCLINE



1.0 TO 16KM/H SPEED



LARGE BACKLIT LCD DISPLAY

FITLINK ENABLED

# PURSUIT MAX TREADMILL

#### LFTM-PURSUITMAX

- · 2.5 CHP EverDrive® H4X Brushless Motor
- · DuraGrip® AS Running Belt 1300mm x 480mm (L x W)
- ShockControl<sup>™</sup> Cushioning System



CONNECT VIA BLUETOOTH



1.0 TO 16KM/H SPEED



LCD DISPLAY

FITLINK ENABLED



### **BOOST-R TREADMILL**

#### TMBOOSTR

- · 2.75 CHP EverDrive® H5 Motor
- · DuraGrip® AS belt 1300mm x 450mm (L x W)
- · ShockControl™ Advanced Cushioning System



18 LEVELS AUTO INCLINE



1.0 TO 18 KM/H SPEED



FULL COLOUR 7" LCD DISPLAY



VIDEO AND MUSIC PLAYBACK





SCAN QR FOR



- O OF OUR F
- · 3.25 CHP EverDrive® H6 Motor
- · DuraGrip® AS belt 1400mm x 510mm (L x W)
- $\cdot$  ShockControl<sup>™</sup> Advanced Cushioning System



18 LEVELS AUTO INCLINE



1.0 TO 18 KM/H



FULL COLOUR 7" LCD DISPLAY



VIDEO AND MUSIC PLAYBACK

# FITLINK ENABLED



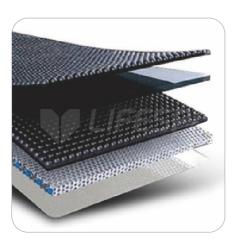
SCAN QR FOR





FITLINK ENABLED





# COMMERCIAL GRADE RUNNING BELT

Commercial grade running belt that is designed to last longer than your standard treadmill belt. Five layers to provide superior grip, noise reduction and essential shock absorption during use.



# IMPACT CUSHIONING SYSTEM

The ShockControl™ System provides a balance of cushioning and stability for a better quality workout. Protect your knees and joints during workouts with a combination of suspension points, impact absorbing running board and PentaLayer™ treadmill belt.



#### SAVE SPACE WITH HYDRAASSIST®

HydraAssist® creates a simple and effortless way to fold up your treadmill, and a soft-drop mechanism when unfolding your treadmill. Once folded, our Treadmill features transportation wheels for easy mobility.

# MARATHON COMMERCIAL SMART TREADMILL



Assembled size: 194cm x 89cm x 156cm (L x W x H)

#### TMMARATHON

- 4.0 CHP AC EverDrive® H7 AC Motor
- DuraGrip® Ultra belt 1520mm x 560mm (L x W)
- · PentaLayer™ 5-layer commercial belt
- Interactive display with workout programs
- · WiFi connectivity



20 LEVELS AUTO INCLINE, 7.5 MAX DEGREE



1.0 TO 20 KM/H SPEED



FULL COLOUR 15.6 LCD DISPLAY

The ultimate treadmill, the Marathon delivers a top of the range running experience with it's robust commercial components coupled with an intelligent display system on an impressive 15.6" LCD display. Cutting edge technology allows you to play videos and music to keep you entertained during your training sessions. With features like screen mirroring, 4.0 CHP EverDrive AC Motor and PentaLayer Belt, you'll experience a workout second to none.

FITLINK ENABLED







SCAN QR FOR DEMO VIDEO



#### COMMERCIAL GRADE RUNNING BELT

The spacious DuraGrip Ultra running belts offers optimal grip, comfort, and durability for long-lasting high-end performance.



#### COMMERCIAL EVERDRIVE H7AC MOTOR

Keep your treadmill running and running with the innovate motor engineering technology behind EverDrive motors. The commercial grade brushless 4.0 CHP AC Motor offers high torque output for a quieter and smoother run.



#### INTERACTIVE TOUCH SCREEN DISPLAY

Stay connected during your workout with media streaming functions on the 15.6-inch HD LCD display including Bluetooth, Netflix, Youtube, Shopify and social media platforms.

# CORSAIR FREERUN 100 CURVED TREADMILL

#### TMCORSAIRFR100

- Commercial grade running slat belt 1700mm x 440mm (L x W)
- · Curved running belt design
- · High Intensity Interval Training (HIIT)



# CORSAIR FREERUN 105 CURVED TREADMILL

#### LFTM-CFR-105

- Commercial grade running slat belt 1700mm x 440mm (L x W)
- · Curved running belt design
- · User Controlled Pace



# **CORSAIR FREERUN 200 CURVED TREADMILL**

# TMCORSAIRFR200

- · Magnetic free-run system
- · Self-generator powers display
- · Running deck 1600mm x 480mm (L x W)
- · 13mm belt thickness



4 LEVELS OF MANUAL RESISTANCE



UNLIMITED SPEED



LCD DISPLAY



ECO-FRIENDLY MOTOR-LESS SYSTEM







# V-FOLD TREADMILL WITH SMARTSTRIDE

LETM-VEOLD

With a 60% slimmer design and smart folding features, the V-FOLD folds 180° for space saving storage options.

- 1.25 CHP EverDrive® H4X Brushless Motor
- · DuraGrip® AS belt 1200mm x 440mm (L x W)
- · ShockControl  $^{\text{\tiny{M}}}$  Cushioning System

\*Recommended to work with ErgoDesk



180° FOLDING TECHNOLOGY



0.5 TO 12KM/H



EVA CUSHIONING





Space Saving Design





# WALKINGPAD™ M2 TREADMILL

LFTM-WPADM2

With a sleek and compact design, simply fold 180° for convenience and space saving storage

- 1.0 CHP EverDrive® H4X Brushless Motor
- · DuraGrip® AS belt 1200mm x 400mm (L x W)
- ShockControl™ Cushioning System
- \*Recommended to work with ErgoDesk



6 KPH MAX SPEED



EVA CUSHIONING SYSTEM



180° Folding Technology

# REFORMER TREADMILL

#### TMREFORMER

- · 2.25 CHP EverDrive® H3 Motor
- · DuraGrip® AS belt 1200mm x 400mm (L x W)
- · ShockControl™ Advanced Cushioning System
- · Hand rails for safety
- · Lowest Speed of 0.3km/h



12 LEVELS AUTO INCLINE



0.3 TO 14 KM/H SPEED



# **TORQUE 3 TREADMILL**

#### TMTORQUE3

- 4.0 CHP EverDrive® H6 Motor
- · DuraGrip® AS belt 1300mm x 540mm (L x W)
- $\cdot$  ShockControl<sup>™</sup> Advanced Cushioning System



20 LEVELS AUTO INCLINE



1.0 TO 18 KM/H SPEED



EKG HAND PULSE SENSORS



SCAN QR FOR DEMO VIDEO





# TREADMILL SAFETY KEY

TMSAFETYKEY-GENERIC

- · 30mm diameter key
- · Total length 1.0m



# SILICONE SPRAY

SILSPRAY

Lubricate your treadmill running deck with our recommended multi-purpose silicone spray.

· 300g NET / 509ml



# **EQUIPMENT MAT 1.5M / 2.0M**

MATTREADMILL / MATEXEREQUIP

- $\boldsymbol{\cdot}$  Protects your equipment and floor
- · Comes in 200cm x 100cm or 150cm x 100cm
- Great for treadmills, cross trainers, spin bikes and more.
- · 4mm Thick

# **ERGODESK AUTOMATIC STANDING DESK**

LFDK-EDKOB-150 LFDK-EDKOB-180 LFDK-EDKWB-150 LFDK-EDKWB-180

OB = OAK | WB = WHITE

Our dynamic ErgoDesk (Oak/White)
150cm and 180cm is designed to add
variety and comfort to your days at the
desk. A versatile work-station, with easy
automatic height adjustments.

- · 2x Table Cord Grommet
- · Automatic Height Adjustments
- 3 Preset Height Levels customised to your needs



70CM TO 118CM ADJUSTABLE HEIGHT RANGE



CHOOSE BETWEEN 150CM AND 180CM DESK SIZES



TABLETOP AVAILABLE IN OAK AND WHITE



SCAN QR FOR DEMO VIDEO



LFDK-EDK-06 ErgoDesk Height Adjustable Under Desk Cable Management Tray (100cm)



# **DUAL MOTORS**

Work smarter, not harder with dual motors. Adjust your workspace quickly and efficiently, time and time again.



# INTELLIGENT COLLISION DETECTION

Keep your desk and surroundings protected with built in sensor technology that automatically stops the moving desk when it feels an obstacle in its way. Minimum height of 70cm to a maximum of 118cm.



# HEAVY DUTY MATERIALS

The ErgoDesk frame is built from solid, industrial steel, with a large and stable footprint. The table top is made from high-density fiberboard with a fireproof surface and smooth matte finish.





# CYCLESTATION MINI EXERCISE BIKE

LFCR-CYCLESTN2

- · Extendable LCD monitor to show stats
- · Fits under desks









# **CYCLESTATION 3 UNDER DESK EXERCISE BIKE**

LFEX-CLSTN3

- · LCD Computer Display
- $\boldsymbol{\cdot}$  Smooth and silent belt transmission
- \*Recommended to work with ErgoDesk



5KG HEAVY DUTY MAGNETIC FLYWHEEL



8 LEVELS OF RESISTANCE



# **EXER-11 FOLDING EXERCISE BIKE**

#### EXER11

- · Variable manual resistance, 8 levels
- · 3-piece forged steel crank
- · Adjustable seat height



EASY FOLD-UP DESIGN



8 LEVELS ADJUSTMENT SYSTEM



MAGNETIC HEAVY DUTY CAST IRON FLYWHEEL





# **EXER-58 EXERCISE BIKE**

#### EXER58

- · Variable manual resistance, 8 levels
- · 3-piece crank
- · Saddle vertically and horizontally adjustable



MAGNETIC FLYWHEEL

8 LEVELS OF MANUAL



SMOOTH AND SILENT BELT TRANSMISSION





# **EXER-80 EXERCISE BIKE**

#### EXER80

- · Variable automatic resistance, 16 levels
- · Smooth belt drive system
- · 3-piece crank
- · 4-way saddle adjustment
- 16 workout programs



6KG HEAVY DUTY MAGNETIC FLYWHEEL



PULSE SENSORS



# **EXC-100 COMMERCIAL EXERCISE BIKE**

#### LFEX-EXC100

- · Variable automatic resistance, 32 levels
- · 3-piece forged steel crank
- · Commercial Grade Frame
- · 4-way saddle adjustment
- 12 workout programs
- · Large LCD Display



7KG HEAVY DUTY MAGNETIC FLYWHEEL



PULSE SENSORS



# **EXER-90H EXERCISE AIR BIKE**

#### EXER90H

- · Dynamic Air Resistance, 25" Steel Fan
- · Dual Action works both arms and legs
- · 4-way Saddle Adjustment
- · Dynamic rotating crank (Forged Steel)



# **EXC-10H COMMERCIAL EXERCISE AIR BIKE**

#### FXC10H

- · Dynamic Air Resistance, 27.5" Steel Fan
- · Dual Action works both arms and legs
- · 4-way Saddle Adjustment
- · Dynamic rotating crank (Forged Steel)
- · Commercial Grade Aluminium Seat Post





# V-CYCLE SMART EXERCISE BIKE POWERED WITH NEOWATT™

#### LFEX-VCYCLE

- Compatible with popular cycling apps including Zwift, Peloton (IOS only), Kinomap and more
- · Variable automatic resistance, 80 levels
- · Large iOS display
- · 4-way saddle adjustment
- $\cdot$  Bluetooth
- · SPD Pedals



6KG HEAVY DUTY





PULSE SENSORS

# SP-310 SPIN BIKE

LFEX-SP310-M2

- · Aluminum alloy pedals with toe clips
- · 4-way adjustable seat
- · 128cm x 120cm (L x H) steel frame



13KG TRUESPIN™ HEAVY DUTY FLYWHEEL



CHAIN DRIVETRAIN



UNLIMITED RESISTANCE



# SP-460 SPIN BIKE

LFEX-SP460-M2

- Aluminium alloy pedals with toe clips
- · 4-way adjustable seat
- · 128cm x 120cm (L x H) steel frame



18KG TRUESPIN™ HEAVY DUTY FLYWHEEL



CHAIN DRIVETRAIN



UNLIMITED RESISTANCE

# FITLINK ENABLED





# SP-870 SPIN BIKE

LFEX-SP870-M3

With commercial grade components the SP-870 (M3) Spin Bike offers increase strength and stability for a premium cycling experience.



25KG TRUESPIN™ HEAVY DUTY CARBON STEEL FLYWHEEL

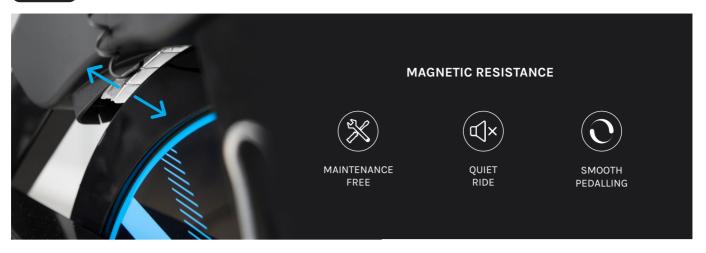
UNLIMITED RESISTANCE



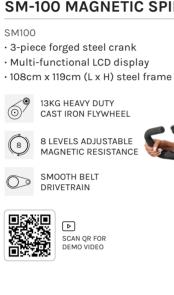
HEAVY DUTY BELT DRIVETRAIN







# **SM-100 MAGNETIC SPIN BIKE**





#### LFEX-SM410

- $\cdot$  3-piece forged steel crank
- · Multi-functional LCD display



# **SM-700 MAGNETIC SPIN BIKE**

#### LFEX-SM700

- · Quiet and smooth magnetic resistance
- · Multi-functional LCD display
- · 138.5cm x 123cm (L x H) steel frame
- · SpeedLock™ Quick Seat Adjustments



# **SM-800 MAGNETIC SPIN BIKE**

#### LFEX-SM800

- · Quiet and smooth magnetic resistance
- · Multi-functional LCD display
- · 133cm x 115cm (L x H) steel frame
- · SpeedLock™ Quick Seat Adjustments





# **RC-300 RECUMBENT BIKE**

- · Variable automatic resistance, 16 levels
- 15 workout programs
- · Adjustable seat length
- · Large LCD display



6KG HEAVY DUTY CAST IRON MAGNETIC FLYWHEEL



IPAD/TABLET/ BOOK STAND



PULSE SENSORS









iPad Stand

Ergonomic Comfort Seat

# **RC-81 RECUMBENT BIKE**

### RC81

- · Variable manual resistance, 10 levels
- · Adjustable seat length
- · Large LCD display



5KG HEAVY DUTY CAST IRON MAGNETIC FLYWHEEL



IPAD/TABLET/



# **RBX-100 COMMERCIAL RECUMBENT BIKE**

### LFRB-RBX100

- · Variable automatic resistance, 32 levels
- $\cdot$  3-piece forged steel crank
- · Commercial Grade Frame
- · Quick Release Seat adjustments
- 12 workout programs
- · Large LCD Display



7KG COMMERCIAL GRADE MAGNETIC FLYWHEEL



BELT DRIVETRAIN



# ST-14 VERTEX STAIR CLIMBER



# ST14VERTEX

Achieve your fitness goals with a complete cardio and strength workout with the Vertex Stair Climber. Features a steep, wide step and a big range of speeds to set your pace.



COMMERCIAL GRADE STEP MACHINE

HIGH QUALITY STEEL



STEP RANGE: 24 TO 164 STEPS/MIN



SCAN QR FOR DEMO VIDEO



# THE ICONIC STEP MACHINE

Experience the commercial grade step machine with revolving stairs to create a workout similar to true stair climbing.



# **REAL WORKOUT FOR REAL RESULTS**

Burn calories as you boost the intensity by increasing steps per minute. Up to a maximum of 164 steps per minute can be achieved for a tough and vigorous workout.



# LARGE LCD WITH DEVICE STAND

Keep track of your workout with the large, commercial grade LCD. With an integrated iPad/Tablet/Device stand, you'll be able to keep yourself entertained during workouts.

# X-02 HYBRID CROSS TRAINER

- · Hybrid exercise bike and cross trainer
- · Belt drivetrain
- · Easy to read LCD display
- · Bonus dumbbells and resistance bands



28CM STRIDE 8

EKG HAND

SENSORS



MANUAL ADJUSTABLE MECHANICAL RESISTANCE







SCAN QR FOR DEMO VIDEO



# X-22 CROSS TRAINER

- · Variable automatic resistance, 16 levels
- · 24 workout programs
- · Silent belt drivetrain
- · Built-in pulse sensors
- · Large LCD display



36CM STRIDE LENGTH

PULSE SENSORS







 $\triangleright$ DEMO VIDEO



# X-41 CROSS TRAINER

- · 8kg Heavy duty magnetic resistance flywheel
- · 18 workout programs
- · LCD computer display
- · Built-in pulse sensors
- · Music plug-in







FITLINK ENABLED



 $\triangleright$ SCAN QR FOR DEMO VIDEO



# **XT-39 CROSS TRAINER**

#### LFCT-XT39

- · Variable automatic resistance, 16 levels
- 10 workout programs
- · Foldable Frame
- · LCD computer display
- · Natural stride with front drive elliptical



50CM STRIDE LENGTH



16 LEVELS RESISTANCE



EKG HAND PULSE SENSORS



8KG FLYWHEEL

# FITLINK ENABLED

# **XT-40 ASCENDER INCLINE CROSS TRAINER**

# XT40

- · Variable automatic resistance, 16 levels
- · Heavy duty cast iron magnetic flywheel
- · Large foot plates to secure foot during use
- · 21 Workout Programs
- · Backlit large LCD touch screen
- · Natural stride with front drive elliptical



5 LEVELS OF ADJUSTABLE INCLINE



HEAVY DUTY 7KG FLYWHEEL



50CM STRIDE LENGTH



VARIABLE AUTOMATIC RESISTANCE



# ROWER-445 MAGNETIC ROWING MACHINE

#### ROWER445

- · Variable manual resistance, 16 levels
- · 18kg/f max resistance tested
- · Quiet drivetrain
- · Commercial quality rollers
- · Multi-functional LCD display
- · Contoured comfortable seat



HEAVY DUTY CAST



FOLDABLE FOR EASY STORAGE



16 LEVEL MAGNETIC TENSION CONTROL

# ROWER-605 MAGNETIC ROWING MACHINE

#### ROWER605

- · Variable automatic resistance, 16 levels
- · 39Kg/F max resistance tested
- · Quiet drivetrain
- · Commercial quality rollers
- · Multi-functional LCD display
- · Contoured comfortable seat
- 18 workout programs
- · Includes Wireless HR Transmitter



HEAVY DUTY CAST IRON FLYWHEEL



FOLDABLE FOR EASY STORAGE



16 LEVEL MAGNETIC RESISTANCE



HEART RATE CONTROL





# **ROWER-801F AIR & MAGNETIC COMMERICAL ROWING MACHINE**

WATER RESISTANCE

**SYSTEM** 

#### LFRW-ROWER801F

- · Hybrid Air & Adjustable Magnetic Resistance
- · Variable automatic resistance, 16 levels
- · Belt Drivetrain
- · Tablet holder
- · Compatible with Heart Rate monitor
- · Contoured comfortable seat



DYNAMIC RESISTANCE



HEART RATE CONTROL



16 LEVEL MAGNETIC TENSION CONTROL



### WATER RESISTANCE ROWING MACHINES

# ROWER-700 WATER RESISTANCE ROWING MACHINE

# ROWER700

- · Belt drivetrain
- · Multi-functional LCD display



# ROWER-750 WATER RESISTANCE ROWING MACHINE

# ROWER750

- $\cdot$  Timber look to fit any decor
- · Belt drivetrain
- Multi-functional LCD display
- · Store in an upright position
- $\cdot \ \text{Contoured rowing seat} \\$



DYNAMIC RESISTANCE



SMOOTH AND EXPONENTIAL RESISTANCE



TIMBER FRAME



# WIRELESS HEART RATE MONITOR

CHESTSTRAPG1

- · Compatible with 5.3khz Frequency Devices
- · Fasten Securely
- · Greater Accuracy
- · Comfortable Design



# **EXERCISE MAT BLACK 15MM**

MATYOGA15BLK

Lifespan Fitness Black Yoga/Pilates Mat is a great accessory, perfect for any type of work or stretching routine, pilates, gymnastics and any sort of general fitness.



# **FOAM ROLLER**

ROLLEREVAFOAM60 / ROLLERFOAM90

- · Comes in a Grid Pattern 60cm or EVA Foam 90cm
- · 15cm Diameter



# **COMFORT SPORT SPIN BIKE SADDLE**

LFAC-SEATCS-1

- · Comfortable Hollow Design
- · Elastomer Suspension
- · Angle Adjustable & Micro Adjust on rails
- Designed to fit standard seat posts
- Compatible with most Lifespan Fitness Spin and Exercise Bikes



# **EXERCISE BIKE PHONE & TABLET HOLDER**

LFAC-EBPHLDR2

- · Holds devices up to 22cm tall
- $\cdot$  360 Degrees Rotation
- Fits handlebar tubing diameter from 15mm - 30mm



# 2-IN-1 SPIN BIKE PEDALS (SPD COMPATIBLE)

LFAC-PEDDSSPD-1

- · Compatible with Shimano SPD
- · High Quality Bearings
- Fits 9/16" Threaded Cranks
- Aluminium Construction with CRMO 14mm Axle



# **EQUIPMENT COVERS**

Our covers are great for keeping dust and unwanted debris away from your fitness equipment.

- $\boldsymbol{\cdot}$  Made from reliable polyester fabric.
- Resistant to most chemicals, stretching and shrinking, wrinkle resistant, mildew and abrasion resistant



POLYESTER FABRIC



ELASTICISED BOTTOM



EQUIPMENT COVERS	MEASUREMENTS (L X W X H)
Universal S/M Treadmill Cover TMCOVER-S	100cm x 59cm x 146cm
Universal L/XL Treadmill Cover TMCOVER-L	120cm x 85cm x 160cm
Universal Exercise Bike Cover COVEREB	115cm x 57cm x 148cm
Universal Spin Bike Cover COVERSB	130cm x 52cm x 125cm
Universal Cross Trainer Cover	172cm x 64cm x 145cm
Universal Recumbent Bike Cover COVERRB	170cm x 66.5cm x 110cm

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