



## 2023/2024 DELTA SERIES & ESSENTIALS SERIES CATALOGUE



## TABLE OF CONTENTS

TREADMILLS	4
SPIN BIKES	13
ELLIPTICAL CROSS TRAINERS	17
UPRIGHT EXERCISE BIKES	19
RECUMBENT BIKES	21
ROWING MACHINES	23
STAIR CLIMBERS	25
FITLINK	26
KINOMAP & ZWIFT	27

A woman with long blonde hair in a ponytail, wearing a pink long-sleeved top and black shorts, is running on a black treadmill in a modern living room. The treadmill has 'LIFESPAN FITNESS' on the side and 'DURAGRIP' on the belt. The room features a blue sofa, a coffee table, a floor lamp, and a wall-mounted macramé. The word 'TREADMILLS' is overlaid in white text in the center of the image.

# TREADMILLS

2023 DELTA SERIES

## Delta 1.0 Treadmill

SKU: LFTM-D10

### GENERAL

<b>Display</b>	Multifunction LED
<b>Speed</b>	1-12km/h
<b>Running Surface</b>	DuraGrip® 1270x410mm
<b>Motor</b>	2.0 CHP EverDrive® H2 Motor
<b>Incline</b>	3 Level Manual
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Music Playback</b>	Not available

<b>Assembled Size</b>	144cm x 71cm x 130cm
<b>Folded Size</b>	73cm x 71cm x 132cm
<b>Carton Size</b>	156cm x 75cm x 26cm
<b>Gross Weight</b>	52kg
<b>Net Weight</b>	45kg



Kinomap



Zwift



FitLink

**DELTA 1.0**

2023 DELTA SERIES

## Delta 2.0 Treadmill

SKU: LFTM-D20

### GENERAL

<b>Display</b>	Multifunction LED
<b>Speed</b>	1-16km/h
<b>Running Surface</b>	DuraGrip® 1300x480mm
<b>Motor</b>	2.5 CHP EverDrive® H4 Motor
<b>Incline</b>	15 Level Automatic
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Music Playback</b>	Yes, Bluetooth Connectivity. High Quality Speakers
<b>Assembled Size</b>	167cm x 76cm x 130cm
<b>Folded Size</b>	89cm x 76cm x 144cm
<b>Carton Size</b>	169cm x 77cm x 29cm
<b>Gross Weight</b>	65kg
<b>Net Weight</b>	55kg



Kinomap



Zwift



FitLink



Bluetooth Music

**DELTA 2.0**

2023 DELTA SERIES

## Delta 2.1 Treadmill

SKU: LFTM-D21

### GENERAL

<b>Display</b>	Multifunction LED
<b>Speed</b>	1-18km/h
<b>Running Surface</b>	DuraGrip® 1400x520mm
<b>Motor</b>	2.5 CHP EverDrive® H4 Motor
<b>Incline</b>	15 Level Automatic
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Music Playback</b>	Yes, Bluetooth Connectivity. High Quality Speakers

<b>Assembled Size</b>	174cm x 85cm x 137cm
<b>Folded Size</b>	112cm x 85cm x 144cm
<b>Carton Size</b>	193cm x 89cm x 29cm
<b>Gross Weight</b>	88kg
<b>Net Weight</b>	78kg



Kinomap



Zwift



FitLink



Bluetooth Music

**DELTA 2.1**

2023 DELTA SERIES

# Delta 3.0 Treadmill

SKU: LFTM-D30

## GENERAL

**Display** Multifunction LED  
**Speed** 1-20km/h  
**Running Surface** DuraGrip® 1500x540mm  
**Motor** 3.75CHP EverDrive® H7 Motor  
**Incline** 20 Level Automatic  
**APP Compatibility** FitLink, Zwift, Kinomap  
**Music Playback** Yes, Bluetooth Connectivity.  
High Quality Speakers

**Assembled Size** 193cm x 86cm x 156cm  
**Folded Size** 139cm x 86cm x 16cm  
**Carton Size** 224cm x 99cm x 44cm  
**Gross Weight** 141kg  
**Net Weight** 116kg



Kinomap



Zwift



FitLink



Bluetooth Music

**DELTA 3.0**

2023 ESSENTIALS SERIES

# WalkingPad MC21 Double-Fold Treadmill

SKU: WPTM-MC21F

## GENERAL

<b>Speed</b>	0.5-10km/h
<b>Motor</b>	Brushless Motor
<b>Running Surface</b>	1200x440mm
<b>APP Compatibility</b>	KS Fit
<b>Assembled Size</b>	146cm x 70cm x 107cm
<b>Folded Size</b>	103cm x 70cm x 16cm
<b>Carton Size</b>	111cm x 77cm x 21cm
<b>Gross Weight</b>	38kg
<b>Net Weight</b>	33kg



\*ErgoDesk sold separately.  
Packages including ErgoDesks  
and Walkingpads are available  
on request.



2023 ESSENTIALS SERIES

## Pursuit 2 Treadmill

SKU: TMPURSUIT2

### GENERAL

<b>Motor</b>	2.25 CHP EverDrive® H3X Brushless Motor
<b>Running Surface</b>	1200mm x 450mm (L x W)
<b>Suspension</b>	ShockControl™ Basic Cushioning System
<b>Incline</b>	3 Levels Manual
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Music Playback</b>	Not available

<b>Assembled Size</b>	137cm x 73cm x 127cm
<b>Folded Size</b>	78cm x 72cm x 135cm
<b>Carton Size</b>	141cm x 76cm x 23cm
<b>Gross Weight</b>	52kg
<b>Net Weight</b>	45kg



Kinomap



Zwift



FitLink

2023 ESSENTIALS SERIES

## Bolt M1 Treadmill

SKU: LFTM-BOLTM1

### GENERAL

<b>Motor</b>	2.5 CHP EverDrive® H4 Motor
<b>Running Surface</b>	1300mm x 480mm (L x W)
<b>Suspension</b>	ShockControl™ Advanced Cushioning System
<b>Incline</b>	Not available
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Music Playback</b>	Not available
<b>Assembled Size</b>	160cm x 77cm x 133cm
<b>Folded Size</b>	114cm x 77cm x 133cm
<b>Carton Size</b>	169cm x 77cm x 33cm
<b>Gross Weight</b>	69kg
<b>Net Weight</b>	60kg



Kinomap



Zwift



FitLink

2023 ESSENTIALS SERIES

# Viper M3 Treadmill

SKU: TMVIPERM3

## GENERAL

<b>Motor</b>	3.75CHP EverDrive® H7X Brushless Motor
<b>Running Surface</b>	1500mm x 520mm (L x W)
<b>Suspension</b>	ShockControl™ Advanced Cushioning System
<b>Incline</b>	18 Levels Auto
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Music Playback</b>	Yes, AUX 3.5mm Line in & USB Storage Device Playback. High Quality Speakers.

<b>Assembled Size</b>	194cm x 83cm x 149cm
<b>Carton Size</b>	210cm x 912cm x 46cm
<b>Gross Weight</b>	129kg
<b>Net Weight</b>	108kg



Kinomap



Zwift



FitLink

A woman with her hair in a ponytail, wearing a blue sports bra and leggings, is riding a black and silver spin bike. She is leaning forward, holding the handlebars. The bike is positioned in a living room with a blue sofa, a coffee table, and a rug. The scene is dimly lit, with the text 'SPIN BIKES' overlaid in the center.

# SPIN BIKES

2023 DELTA SERIES

## Delta 1.0 Spin Bike

SKU: LFEX-D10SB

### GENERAL

<b>Flywheel</b>	12kg Heavy Duty Cast Iron Flywheel
<b>Drive System</b>	Belt Driven System
<b>Resistance</b>	16 Level Automatic Magnetic Resistance Direct Edge Resistance Push-down to stop
<b>Crank</b>	3-Piece Forged Steel Crank
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Assembled Size</b>	116cm x 51cm x 122cm
<b>Carton Size</b>	103cm x 21cm x 84cm
<b>Gross Weight</b>	46kg
<b>Net Weight</b>	40kg



Kinomap



Zwift



FitLink

**DELTA 1.0**

2023 ESSENTIALS SERIES

## SM-700 Spin Bike

SKU: LFEX-SM700

### GENERAL

<b>Flywheel</b>	18kg Commercial Grade Cast Iron Flywheel
<b>Drive System</b>	Belt Driven System
<b>Resistance</b>	Manual Adjustable Magnetic Resistance Push-down to stop
<b>Crank</b>	3-Piece Forged Steel Crank
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Assembled Size</b>	139cm x 53cm x 123cm
<b>Carton Size</b>	116cm x 23cm x 88cm
<b>Gross Weight</b>	51kg
<b>Net Weight</b>	45kg



Kinomap



Zwift



FitLink

2023 ESSENTIALS SERIES

## SM-900 Commercial Spin Bike

SKU: LFEX-SM900

### GENERAL

<b>Flywheel</b>	3.5kg Aluminum Flywheel
<b>Drive System</b>	Belt Driven System
<b>Resistance</b>	810W @ 120PM 13 Level Automatic Magnetic Resistance Lever Brake
<b>Crank</b>	3-Piece Forged Steel Crank
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Assembled Size</b>	120cm x 61cm x 129cm
<b>Carton Size</b>	130cm x 26cm x 97cm
<b>Gross Weight</b>	44kg
<b>Net Weight</b>	51kg



Kinomap



Zwift



FitLink

A woman with long hair in a ponytail, wearing a light-colored sports bra and purple leggings, is using a black and grey cross trainer in a modern living room. The room features a grey sofa, a white shelving unit, a small round table with books and a vase, a floor lamp, and a TV stand. The floor is made of light-colored wood. The text "CROSS TRAINERS" is overlaid in the center of the image.

# CROSS TRAINERS



2023 DELTA SERIES

## Delta 2.0 Elliptical Cross Trainer

SKU: LFXT-D30

### GENERAL

<b>Display</b>	Backlit Large LCD Screen with iPad/Tablet/ Phone Stand
<b>Flywheel</b>	8kg Heavy Duty Cast Iron Magnetic Flywheel
<b>Stride Length</b>	50cm
<b>Incline</b>	3 Level Manual
<b>Resistance</b>	16 Level Computerised Magnetic Tension Control
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Assembled Size</b>	172cm x 64cm x 179cm
<b>Carton Size</b>	170cm x 47cm x 76cm
<b>Gross Weight</b>	76kg
<b>Net Weight</b>	64kg



**DELTA 2.0**



Kinomap



Zwift



FitLink

A man in a grey tank top and red shorts is riding a stationary exercise bike in a modern living room. The room features a wooden floor, a dark console table with framed pictures and a plant, and a light-colored armchair with a yellow blanket. The text "EXERCISE BIKES" is overlaid in the center of the image.

# EXERCISE BIKES

2023 DELTA SERIES

## Delta 2.0 Exercise Bike

SKU: LFEX-D20EB

### GENERAL

<b>Display</b>	Time, Speed, Distance, Calories, Odo, Pulse
<b>Flywheel</b>	7kg Heavy Duty Cast Iron Magnetic Flywheel
<b>Crank</b>	3-Piece Forged Steel Crank
<b>Resistance</b>	16 Level Computerised Magnetic Tension Control
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Assembled Size</b>	108cm x 53cm x 147cm
<b>Carton Size</b>	97cm x 29cm x 85cm
<b>Gross Weight</b>	41kg
<b>Net Weight</b>	36kg



Kinomap



Zwift



FitLink

**DELTA 2.0**

A woman with blonde hair tied back is sitting on a black recumbent exercise bike in a modern living room. The bike has a large flywheel and a digital display on the handlebars. The room features a grey sofa with white pillows, a coffee table, a desk with a plant, and framed pictures on the wall. The floor is made of light-colored wood. The text "RECUMBENT BIKES" is overlaid in white, bold, sans-serif font across the center of the image.

# RECUMBENT BIKES

2023 DELTA SERIES

## Delta 2.0 Recumbent Bike

SKU: LFRB-D30

### GENERAL

<b>Display</b>	Time, Speed, Distance, Calories, Odo, Pulse
<b>Flywheel</b>	7kg Heavy Duty Cast Iron Magnetic Flywheel
<b>Crank</b>	3-Piece Forged Steel Crank
<b>Resistance</b>	16 Level Computerised Magnetic Tension Control
<b>APP Compatibility</b>	FitLink, Zwift, Kinomap
<b>Assembled Size</b>	163cm x 67cm x 122cm
<b>Carton Size</b>	169cm x 26cm x 87cm
<b>Gross Weight</b>	56kg
<b>Net Weight</b>	49kg



Kinomap



Zwift



FitLink

**DELTA 2.0**

A man in a dark blue tank top and shorts is rowing on a wooden water rowing machine. The machine is positioned on a light-colored wooden floor against a plain, light-colored wall. The man is captured in a rowing stroke, with his arms extended forward and his legs pushing against the footplate. The machine has a large water tank and a wooden frame. The text "ROWING MACHINES" is overlaid in white, bold, sans-serif font across the center of the image.

# ROWING MACHINES

2023 ESSENTIALS SERIES

# KingSmith WR1 Tri-Fold Water Rowing Machine

SKU: KWRW-WR1

## GENERAL

<b>Features</b>	Intelligent Interaction, Tri-Fold technology, Solid Wood Texture, Ergonomic Seat
<b>APP Compatibility</b>	KS Fit
<b>Assembled Size</b>	194cm x 50cm x 56cm
<b>Folded Size</b>	68cm x 50cm x 58cm
<b>User Capacity</b>	120kg
<b>Gross Weight</b>	34kg
<b>Net Weight</b>	30kg



A man in a dark sleeveless shirt and shorts is using a stair climber machine. The machine is grey and black, with a digital display on the front. The man is looking down at the machine. The background is a plain, light-colored wall.

# STAIR CLIMBERS

LIFESPAN FITNESS



2023 ESSENTIALS SERIES

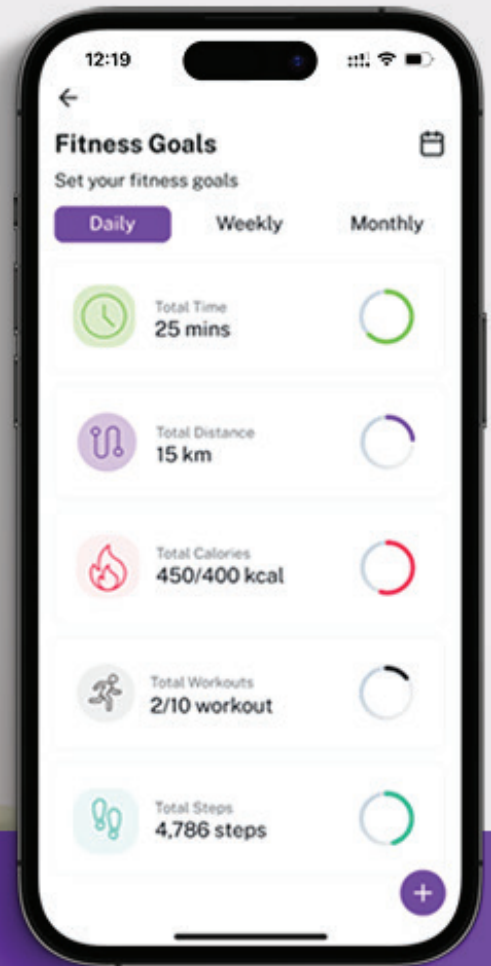
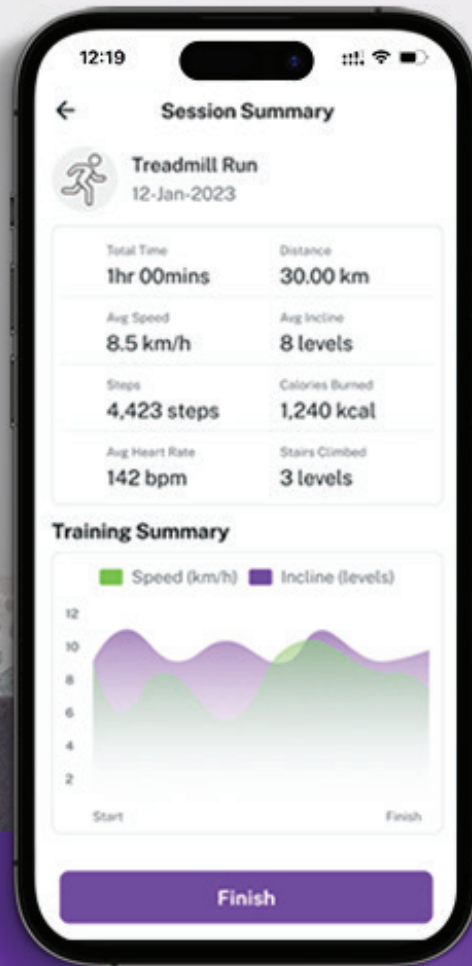
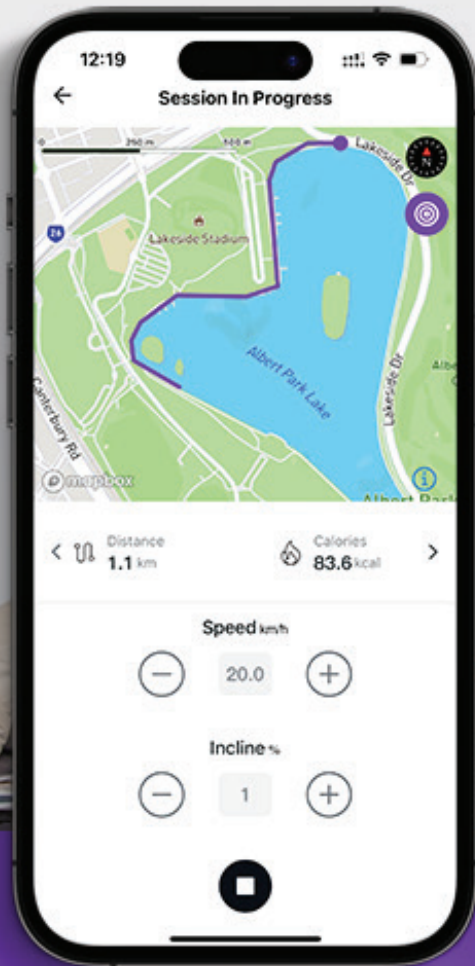
## ST-14 Vertex Stair Climber

SKU: ST14VERTEX

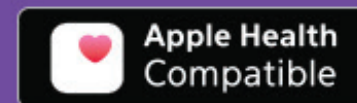
### GENERAL

<b>Speed</b>	24 Steps Per Minute ~ 164 Steps Per Minute
<b>Step Area</b>	Revolving staircase with eight steps, 20.5 cm high, 23.5 cm deep and 56 cm wide
<b>Levels</b>	15 Levels
<b>Commercial Grade</b>	Yes
<b>Assembled Size</b>	145cm x 76cm x 214cm
<b>Carton Size</b>	134cm x 94cm x 128cm
<b>User Capacity</b>	200kg
<b>Gross Weight</b>	255kg
<b>Net Weight</b>	205kg





Check product description for compatible units.



# kinomap



# ZWIFT



Check product description for compatible units.





2023/2024 DELTA SERIES & ESSENTIALS SERIES CATALOGUE