

2021 FULL RANGE CATALOGUE



Reebok




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REEBOK

CARDIO



FR20 FLOATRIDE TREADMILL

AVAILABLE COLOURS:

Black, Blue, Red

OCCUPANCY SIZE:

177CM x 69CM x 115CM (L x W x H)

MOTOR	1.25 HP Motor
SPEED	18 KPH Max Speed
COMPUTER	White LED
SHOCK ABSORPTION	Floatride+ Cushioning Technology
RUNNING SURFACE	140 x 46 cm
INCLINE	15 Incline Levels
PROGRAMS	24 Pre-Set Programs 3 User Defined Programs



FR30 FLOATRIDE TREADMILL - BLACK

OCCUPANCY SIZE:

187CM x 74CM x 115CM (L x W x H)

MOTOR	2 HP Motor
SPEED	20 KPH Max Speed
COMPUTER	White LED
SHOCK ABSORPTION	Floatride+ Cushioning Technology
RUNNING SURFACE	150 x 51 cm
INCLINE	15 Incline Levels
PROGRAMS	24 Pre-Set Programs 3 User Defined Programs



A4.0 TREADMILL

OCCUPANCY SIZE:

167.5CM x 76.5CM x 140CM (L x W x H)

MOTOR	2 HP Motor
SPEED	18 KPH Max Speed
COMPUTER	3 Window LED Display FUTURE Control Console
SHOCK ABSORPTION	Astroride Cushioning Technology
RUNNING SURFACE	130 x 45 cm
INCLINE	12 Power Incline Levels
PROGRAMS	36 Pre-Set Workouts + Bodyfat & Fitness Test 3 User-Defined & 3 Target Programs



A4.0 TREADMILL + TOUCH SCREEN

OCCUPANCY SIZE:

167.5CM x 76.5CM x 140CM (L x W x H)

MOTOR	2 HP Motor
SPEED	18 KPH Max Speed
COMPUTER	10.1" TFT Touchscreen TFT FUTURE Control Console
SHOCK ABSORPTION	Astroride Cushioning Technology
RUNNING SURFACE	130 x 45 cm
INCLINE	12 Power Incline Levels
PROGRAMS	36 Pre-Set Workouts + Bodyfat & Fitness Test 3 User-Defined & 3 Target Programs



A6.0 TREADMILL + BLUETOOTH

OCCUPANCY SIZE:

176CM x 84CM x 147.5CM (L x W x H)

MOTOR	2.5 HP Motor
SPEED	20 KPH Max Speed
COMPUTER	6 Window LED Display + Profile Chart FUTURE Control Console
SHOCK ABSORPTION	Astroride Cushioning Technology
RUNNING SURFACE	140 x 50 cm
INCLINE	15 Power Incline Levels
PROGRAMS	36 Pre-Set Workouts + Bodyfat & Fitness Test 3 User-Defined & 3 Target Programs



SL8.0 TREADMILL

OCCUPANCY SIZE:

190.3CM x 83.2CM x 160CM (L x W x H)

MOTOR

3 HP Motor

SPEED

20 KPH Max Speed

COMPUTER

7 White LED Windows

Display: Speed, Time, Distance, Calories, Pulse & Incline

Reebok Fitness App Compatible (via Bluetooth)

SHOCK ABSORPTION

SubLite Cushioning Technology

RUNNING SURFACE

152 x 52 cm

INCLINE

18 Power Incline Levels

PROGRAMS

24 Pre-Set Programs, 3 Target Programs, 3 User Programs, Bodyfat Test



GB40 ONE SERIES EXERCISE BIKE

OCCUPANCY SIZE:

100CM x 52CM x 130CM (L x W x H)

FLYWHEEL	6kg
DRIVE TRAIN	Belt
RESISTANCE	8 Manual Resistance Levels
COMPUTER	5.5" LCD Display Display: Speed, Time, Distance, Calories, Pulse & RPM
PROGRAMS	3 Target Programs HRC & Recovery Functions
SADDLE	Comfort Saddle Vertical & Horizontal Seat Adjustment



ZJET 430 EXERCISE BIKE

OCCUPANCY SIZE:

109CM x 41CM x 140CM (L x W x H)

FLYWHEEL	7kg
DRIVE TRAIN	Belt
RESISTANCE	8 Manual Resistance Levels
COMPUTER	5.5" LCD Display Display: Speed, Time, Distance, Calories, Pulse & RPM
PROGRAMS	3 Target Programs HRC & Recovery Functions
SADDLE	Comfort Saddle Vertical & Horizontal Seat Adjustment



A4.0 EXERCISE BIKE

OCCUPANCY SIZE:

100CM x 52CM x 130CM (L x W x H)

FLYWHEEL	6kg
RESISTANCE	8 Manual Resistance Levels
COMPUTER	5.5" LCD Display
PROGRAMS	3 Target Programs Recovery Functions
SADDLE	Comfort Saddle Vertical & Horizontal Seat Adjustment
HANDLEBAR	Handlebar Adjustments



SL8.0 EXERCISE BIKE

OCCUPANCY SIZE:

100CM x 52CM x 130CM (L x W x H)

FLYWHEEL	6kg
RESISTANCE	8 Manual Resistance Levels
COMPUTER	5.5" LCD Display
PROGRAMS	3 Target Programs Recovery Functions
SADDLE	Comfort Saddle Vertical & Horizontal Seat Adjustment
HANDLEBAR	Handlebar Adjustments



GX40 ONE SERIES CROSS TRAINER - BLACK

OCCUPANCY SIZE:

100CM x 52CM x 130CM (L x W x H)

FLYWHEEL	7kg
RESISTANCE	8 Manual Resistance Levels
COMPUTER	5.75" LCD Display
PROGRAMS	3 Target Programs Recovery Functions
HANDLEBAR	Dual Action & Fixed Handlebars
ELLIPTICAL TYPE	Rear Drive Elliptical



A4.0 ELLIPTICAL CROSS TRAINER

OCCUPANCY SIZE:

145CM x 59CM x 171CM (L x W x H)

FLYWHEEL	6kg
RESISTANCE	8 Manual Resistance Levels
COMPUTER	5.5" LCD Display
PROGRAMS	3 Target Programs Recovery Functions
HANDLEBAR	Dual Action & Fixed Handlebars
ELLIPTICAL TYPE	Rear Drive Elliptical



ZJET 430 CROSS TRAINER

OCCUPANCY SIZE:

134CM x 66.5CM x 171CM (L x W x H)

FLYWHEEL	7kg
DRIVE TRAIN	Belt
RESISTANCE	8 Manual Resistance Levels
COMPUTER	5.5" LCD Display Display: Speed, Time, Distance, Calories, Pulse & RPM
PROGRAMS	3 Target Programs Recovery Functions
ELLIPTICAL TYPE	Rear Drive Elliptical



SL8.0 QUAD-LEVEL ELLIPTICAL CROSS TRAINER

OCCUPANCY SIZE:

179CM x 74CM x 184CM (L x W x H)

FLYWHEEL	9kg
RESISTANCE	24 Electronic Resistance Levels
INCLINE	4 Manual Incline Levels
COMPUTER	6 Window LED Console + Profile Chart
PROGRAMS	12 Pre-Set Workouts + 4 Target Programs 4 HRC Programs + Recovery
ELLIPTICAL TYPE	Front Drive Elliptical
HANDLEBAR	Moulded D & Fixed Handlebars
ADDITIONAL FEAT.	Built-In Cooling Fan



AR ROWER ROWING MACHINE

OCCUPANCY SIZE:

179CM x 52CM x 80CM (L x W x H)

FLYWHEEL	6kg
DRIVE TRAIN	Belt
RESISTANCE	16 Electronic Resistance Levels
COMPUTER	5.5" LCD Display
PROGRAMS	12 Pre-Set Workouts + 3 Target Programs HRC, Race & Recovery Functions
SADDLE	Comfortable Curved Seat
ADDITIONAL FEAT.	Wireless Pulse Receiver Stroke Display & SPM Manually Folds for Storage



TRAINING



WALL MOUNT PULL UP BAR

OCCUPANCY SIZE;
62CM x 120CM x 40CM (L x W x H)

FEATURES

- Hollow steel construction
- Mounting fixtures not included
- Punched holes for easy fixing



FLAT BENCH

OCCUPANCY SIZE:
107CM x 43CM x 55CM (L x W x H)

FEATURES

- 2.5" Thick Upholstered Foam Padding
- Ideal for Seated and Bridging Exercises
- Solid Steel Frame Construction
- Hygienic Wipeable Surface
- Non-Slip Rubber Feet



AB BOARD EXERCISE BENCH

OCCUPANCY SIZE:
107CM x 43CM x 55CM (L x W x H)

FEATURES

- 2.5" Thick Upholstered Foam Padding
- Ergonomically Designed Back Support
- Foam Ankle and Knee Cushions
- Helps Strengthen and Tone Core Muscles
- Hygienic Wipeable Surface
- Non-Slip Rubber Feet
- Tubular Steel Construction



UTILITY BENCH

OCCUPANCY SIZE:

144CM x 72CM x 127CM (L x W x H)

FEATURES

- 2.5" Thick Upholstered Foam Padding
- 6 Adjustable Backrest Positions (-30 to 90°)
- Hygienic Wipeable Surface
- Integrated Transport Wheels and Handle
- Tubular Steel Construction
- 3 Variable Seat Angles (Flat, 15° & 30°)
- Ergonomically Designed Back and Seat Supports
- Ideal for Varied Upper-Body Training
- Robust Hinge Mechanism



FUNCTIONAL SQUAT STAND

OCCUPANCY SIZE:

131CM x 132CM x 211CM (L x W x H)

FEATURES

Adjustable J-Cups - 12 positions

3" x 3" Steel Construction

Fixed Pull-Up Bar



MINI STEP DECK

OCCUPANCY SIZE:

65CM x 32CM x 15CM (L x W x H)

FEATURES

Fully Assembled

Resistance Tube Attachment Slots

Sturdy One-Piece Design

Versatile and Accessible - Ideal for all Fitness Levels

Raised Bobble Texture for Added Grip

Studio Quality, Home Sized

The Latest Evolution of the Classic Reebok Step



STEP DECK

OCCUPANCY SIZE:

102CM x 38.5CM x 25CM (L x W x H)

FEATURES

- Compact and Stackable Design
- Non-Slip Workout Surface
- The Original Step - Imitated the World Over
- 3 Adjustable Heights - 15, 20 and 25cm
- Rubber Feet Prevent Slipping
- Easy Foot Adjustment



DECK

OCCUPANCY SIZE:

121CM x 34CM x 35CM (L x W x H)

FEATURES

Bobble Surface Grip

Three-Position Support - Incline, Decline & Flat

Two Level Height Adjustment - 20 & 35cm

Versatile Platform

Quick-Lock Foot Adjustment

Convenient Internal Storage

Tube Clip Attachments

Includes Workout DVD



WRIST WEIGHT

AVAILABLE SIZES:
0.5KG / 1.0KG

FEATURES

- Comes in 0.5KG or 1.0KG Pairs
- Comfortable Thumb Loop
- Durable Design
- Neoprene Cover with Weighted Filling
- Secure Velcro Fastening
- Pair of Weights



ANKLE WEIGHT

AVAILABLE SIZES:

0.5KG / 1.0KG / 1.5KG

FEATURES

- Comes in 0.5KG, 1.0KG or 1.5KG Pairs
- Durable Design
- Neoprene Cover with Weighted Filling
- Secure Velcro Fastening
- Pair of Weights



PREMIUM DUAL ANKLE / WRIST WEIGHT

AVAILABLE SIZES:
1.0KG / 2.0KG

FEATURES

- Comes in 0.5KG, 1.0KG or 1.5KG Pairs
- Flexlock Technology
- Secure Buckle Fastening
- Innovative Weight Attachment
- Comfortable Lining Prevents Irritation
- Pair of Weights



SOFTGRIP DUMBBELLS

FEATURES

AVAILABLE SIZES:

1.0KG / 2.0KG

Comes in 1.0KG or 2.0KG Pairs

Cast Iron Core

Ergonomic Design

Foam Covered Handles

Pair of Weights



WEIGHT VEST

AVAILABLE SIZES:

5KG / 10KG

FEATURES

One Size Fits All

Boosts your Training Intensity

Engineered for Total Balance and Stability

Strategically Placed Weight Packs for Balance and Stability

Dual-Buckle Fastenings for a Locked-In Fit

Laser-Cut Ventilation Encourages Airflow



FLEXWEAVE POWERLIFTING BELT LIFTING BELTS

AVAILABLE COLOURS:
RED / WHITE

AVAILABLE SIZES:
S / M / L / XL

FEATURES

- Flexweave Technology
- Lightweight Durability
- Non-Incremental Fit
- Perforated Inner Foam
- Quick Release Power Buckle
- Wide Velcro Fastening



STEEL JUMP ROPE

FEATURES

- Adjustable 3.0M Rope
- Coated Steel Cable
- Knurled Steel Handles
- Rotating handles



TRAINING BANDS

FEATURES

180CM x 15CM Long

Fit for Recovery and Rehab

Helps Tone, Strengthen and Stretch

Made from Latex

Two Resistance Levels



TRI-LEVEL POWER TUBE SET

FEATURES

- Adjustable Resistance
- Foam Gripped Handles
- Ideal for Upper and Lower Body Training
- Three Interchangeable Tubes Included



TRAINING MAT (7MM)

AVAILABLE COLOURS:
GREY / BLACK

FEATURES

7MM Thick NBR Foam

Ideal for all Ground Exercise

Lightweight Design Rolls Tight for Transport

Ridged Base Grips the Floor for Maximum Stability



DOUBLE SIDED YOGA MAT (6MM)

AVAILABLE COLOURS:
BLACK & GREY / BLUE & BLACK

FEATURES

- 6MM Thick
- Comfortable with Rooted Contact
- Grippy Non-Slip Texture for Added Stability
- Lightweight and Rollable
- Non-Slip Base Aids Stability



FOLDED YOGA MAT (4MM)

AVAILABLE COLOURS:
RUSTIC WINE / BLUE

FEATURES

- 6MM POE Foam (PVC Free)
- Compact for Transport and Storage
- Diamond Grip Surface
- Non-Slip Base
- Unique Foldable Design



FITNESS GLOVES BLACK

AVAILABLE SIZES:
S / M / L / XL

FEATURES

Speedwick Technology

Integrated Thumb Towelling to Wipe Away Sweat

Padded Suede Palm for Protection and Grip

Palm Ventilation Boosts Comfort and Hygiene

Speedwick Tech encourages Airflow, keeping you
Cool and Dry



**WOMENS' FITNESS
GLOVE**
BLACK & WHITE

AVAILABLE SIZES:
S / M / L

FEATURES

- Speedwick Technology
- Integrated Thumb Towelling to Wipe Away Sweat
- Padded Suede Palm for Protection and Grip
- Palm Ventilation Boosts Comfort and Hygiene
- Speedwick Tech encourages Airflow, keeping you Cool and Dry



TRAINING GLOVES - BLACK

AVAILABLE SIZES:
S / M / L / XL

FEATURES

- Breathable Mesh Material
- Dual Finger Pulls for Removal
- Padded Suede Palm
- Secure Velcro Fastening
- Grip & Protection



ARM SLEEVES - BLACK

AVAILABLE SIZES:
S / M / L / XL

FEATURES

- Accelerates Recovery and Reduces Soreness
- Helps Regulate Temperature for Reduced Irritation
- Improved Circulation Enhances Performance
- Silicone Inlay Prevents Slippage



ACTIVCHILL LEG SLEEVES - BLACK

AVAILABLE SIZES:
S / M / L / XL

FEATURES

- Accelerates Recovery and Reduces Soreness
- Seamless Circular Knit Minimises Irritation
- Improved Circulation Enhances Performance
- Silicone Inlay Prevents Slippage
- ACTIVCHILL Technology keeps you Cool and Dry



KNEE SLEEVES - BLACK

AVAILABLE SIZES:
S / M / L / XL

FEATURES

- Breathable Back Panel
- Comfortable Neoprene Material
- Heavy Duty Stitching
- Ideal for Squats and Leg Press
- Reinforces the Knees



KNEE WRAPS

AVAILABLE COLOURS:
RED / BLACK

FEATURES

- Ideal for Squats and Leg Press
- Reinforces the Knees
- Secure Velcro Fastening
- Tailored Support
- Tight Elasticated Material
- 2.0M Long
- Supplied as a Pair



TREADMILL MAT

FEATURES

Protects Flooring Surfaces from Scratches and Scuffs

Prevents Lint Build Up in Motor Area

Reduces Vibrations and Noise

Extends Life of Equipment

Easy to Maintain and Clean

Suitable for Elliptical, Rowers and Treadmills

Adds Shock Absorption

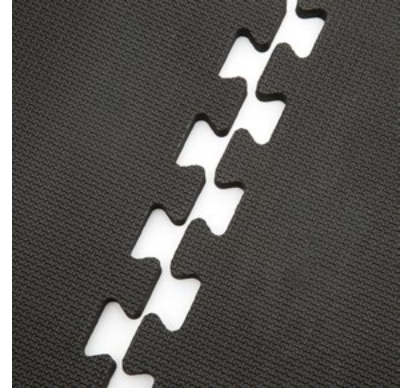
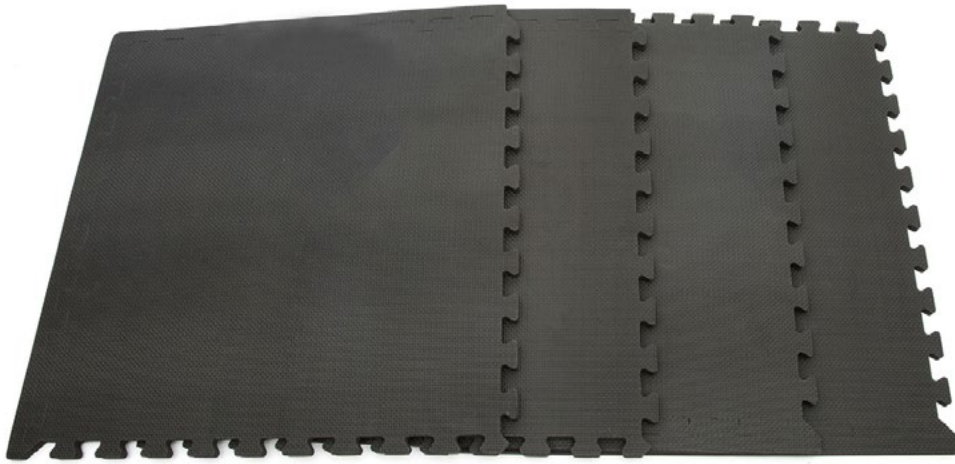
Durable Vinyl Construction



BIKE / CROSS TRAINER MAT

FEATURES

- 6MM Thick
- Durable Design
- Helps Protect the Floor
- Made of PVC and PE



EVA FLOOR GUARDS

OCCUPANCY SIZE:
126CM X 126CM X 1.4CM

FEATURES

- 14MM Thick EVA Foam
- Easy Interlocking Design
- Four Tiles Per Pack + Eight Edge Trims
- Non-Slip Textured Surface
- Reduces Noise and Dampens Vibrations
- Waterproof and Odourless



WATER BOTTLE 500 ML, CLEAR

FEATURES

Dishwasher Safe and BPA-Free

Screw-On Cap with Puff Valve

Ideal for Bottle Clips or Holders – 7.25CM Diameter

Squeezable Texture

Ergonomic Design

Embossed Volume Markings

Volume: 500ML

